



Sweetcorn fritters

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制备过程	30 分钟
烘烤的时间：烘烤时间取决于机器	10 分钟
份	4

Preparation

- 3 ears of corn, fresh
- 1 onion, red
- 5 sprigs of coriander
- 2 eggs
- 125 g white flour
- ½ tsp baking powder
- Salt
- Pepper
- 50 ml olive oil

Peel and coarsely chop the onion. Pull the coriander leaves from their stalks. Cut the corn kernels from the cobs. Coarsely purée $\frac{2}{3}$ of the corn kernels with the onion, coriander leaves and eggs.

Add the remaining corn kernels, flour, baking powder, salt and pepper to the mixture and mix together well.

Preheat the Teppan Yaki to 180 °C, brush with olive oil and dollop tablespoons of sweetcorn fritter mixture on to it. Fry each portion on both sides for about 5 minutes.

小费

As a side dish to a main course, just halve the quantities in the recipe.

Sweetcorn fritters can also be fried in a frying pan.

配件

Teppan Yaki





附加信息

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