



Roasted garlic and cauliflower stamp

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制备过程	15 分钟
烘烤的时间	16 分钟
时间：烘烤时间取决于机器	
份	4
电器	Combi-Steam MSLQ

Preparation

250 g potatoes, mealy, medium-sized

350 g cauliflower

5 cloves of garlic, peeled

Peel and quarter the potatoes and put into the plastic perforated cooking tray. Wash the cauliflower, divide into small florets and put in the cooking tray with the potatoes and the garlic.

Place the cooking tray on the hardened glass dish in the cold cooking space. Steam.

在 **PowerDämpfen** 期间为 **100 16 分钟**°C

20 g butter, liquid

1 tbsp chives

Salt

Pepper

Finely chop the chives.

Transfer the steamed potatoes and cauliflower to a bowl. Put the steamed garlic aside. Mash with a potato masher and mix in the other ingredients. Season with salt and pepper.

2 tbsp olive oil

Lightly crush the steamed garlic, sauté in olive oil until golden brown and add to the mashed potato.

配件

Hardened glass dish

Plastic perforated cooking tray 1/3 GN, depth 52 mm

附加信息

创建时间

11.12.2019

