



Mozzarella, green bean and onion mash

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制备过程	20 分钟
烘烤的时间	16 分钟
时间取决于机器	
份	4
电器	Combi-Steam MSLQ

Preparation

450 g potatoes, mealy, medium-sized

150 g green beans, green, frozen

Peel and quarter the potatoes and put into the plastic perforated cooking tray with the beans.

Place the cooking tray on the hardened glass dish in the cold cooking space. Steam.

在 **PowerDämpfen** 期间为 **100 16 分钟**°C

120 g mozzarella, grated

75 ml milk

3 tbsp Parmesan, grated

25 g roasted onion

Pepper

Salt

Chop up the steamed beans.

Transfer the steamed potatoes to a bowl. Mash with a potato masher and mix in the beans and all the other ingredients. Season with salt and pepper.

配件

Hardened glass dish

Plastic perforated cooking tray ⅓ GN, depth 52 mm

附加信息

创建时间

11.12.2019

