



Parsnip, lemon and thyme mash

食谱作者 V-ZUG 瑞族



制备过程	15 分钟
烘烤的时间	16 分钟
时间：烘烤时间取决于机器	
份	4
电器	Combi-Steam MSLQ

Preparation

300 g potatoes, mealy, medium-sized

300 g parsnip

Peel and quarter the potatoes and put into the plastic perforated cooking tray. Peel the parsnip, cut into 5 mm thick slices and add to the potatoes.

Place the cooking tray on the hardened glass dish in the cold cooking space. Steam.

在 **PowerDämpfen** 期间为 **100 16 分钟**°C

½ lemon, juice

200 ml milk

5 sprigs of thyme

1 clove of garlic

1 tbsp butter, liquid

Salt

Pepper

Pull the thyme leaves off the stalks. Peel and crush the clove of garlic.

Transfer the steamed potatoes and parsnip to a bowl. Mash with a potato masher and mix in the other ingredients. Season with salt and pepper.

配件

Hardened glass dish

Plastic perforated cooking tray ⅓ GN, depth 52 mm

附加信息

创建时间

11.12.2019

