



Whole steamed snapper

Opskrift af V-ZUG Ltd



Tilberedning
Tilberedningstid

Marinade

- 1 lemongrass stalk
- 1 piece of ginger, small
- 1 bird's eye chilli
- 2 tbsp soy sauce, sweet
- 1 tbsp sesame oil
- 2 tbsp Shaoxing wine
- 1 tbsp sea salt flakes
- 1 tsp sugar
- 1 pinch of pepper

Finely chop the lemongrass stalk, the piece of ginger and the bird's eye chilli. Combine all the ingredients for the marinade and chill.

rice

- 200 g long-grain rice, e.g. Jasmine rice
- 250 ml water

Put the rice and water in the porcelain dish and place it on the perforated cooking tray in the cold cooking space. Steam.

Dampning 100°C i 10 Min.

Snapper

- 1½ kg red snapper, gutted and scaled
- 1 piece of ginger, medium-sized
- 1 bird's eye chilli
- ½ bunch of coriander
- 2 spring onions





Cut the ginger, chilli, coriander and spring onions into thin strips. Set the chilli, coriander and spring onion aside for garnishing the dish. Place the strips of spring onion on the stainless steel tray and lay the snapper on top. Brush marinade on both sides of the snapper and scatter over the ginger.

Put the stainless steel tray into the cooking space along with the rice. Continue to steam.

Sæt retten ind

Dampning 100°C i 14 Min.

pak choi

2 pak choi

1 tbsp sesame oil

salt

Wash the pak choi and cut the leaves from the stems. Drizzle over the sesame oil, season with salt and place on the perforated cooking tray next to the rice. Continue to steam.

Tilsæt ingredienser

Dampning 100°C i 6 Min.

Arranging on a plate

5 tbsp peanut oil

Heat the peanut oil and take the snapper out of the cooking space. Drizzle the peanut oil over the snapper, garnish it and serve with the rice and pak choi.

Tilbehør

Stainless steel tray

Porcelain dish ⅓ GN, depth 65 mm

Perforated cooking tray, 430 × 370 × 25 mm

Yderligere oplysninger

Oprettet den

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