



Coconut, lime and chilli sea bass

Opskrift af V-ZUG Ltd



Tilberedning
Tilberedningstid
Portioner 4

Preparation

- 2 tbsp coconut oil
- 1 tbsp curry paste, green
- 2 cm ginger
- 2 cloves of garlic
- 4 kaffir lime leaves
- 1 tbsp cane sugar
- 400 ml coconut milk
- ½ bunch of Thai basil
- 1 tbsp lime juice
- 3 tbsp desiccated coconut

Peel and grate the ginger. Peel and crush the cloves of garlic. Heat the oil and briefly sweat the curry paste, ginger and garlic.

Add the kaffir lime leaves, cane sugar and coconut milk, bring to the boil and simmer for 10 minutes. Next, add the basil and lime juice and leave to simmer for another 2 minutes. Remove the kaffir lime leaves, purée the sauce and strain through a sieve. Add the desiccated coconut.

- 200 g basmati rice
- 200 ml water
- 1 lemongrass stalk

Dampning 100°C i 20 Min.

- 4 sea bass fillets, each about 150 g
- 200 g Thai asparagus
- Salt
- Pepper
- Oil

Grease the porcelain dish with oil.

Sæt retten ind





Dampning 100°C i 10 Min.

Serve the fish with the rice and sauce.

Tilbehør

Porcelain dish ½ GN, depth 65 mm

Porcelain dish ⅓ GN, depth 65 mm

Wire shelf

Yderligere oplysninger

Oprettet den

12.04.2023

