



Roasted fennel

Recipe by V-ZUG Ltd.



Preparation
Cooking
time
Portions 4

fennel salad with grapefruit and hazelnuts

Fennel

3 fennel bulbs
2 tbsp rapeseed oil
Some salt

Dressing

2 pink grapefruit
2 tbsp apple cider vinegar
1 tbsp runny honey
3 tbsp rapeseed oil
4 tbsp hazelnut oil
4 sprigs of tarragon, chopped
Some salt
Some pepper

Serving

80 g hazelnuts, roasted, chopped
herbs for garnishing (e.g.
tarragon, fennel herb,
oregano, parsley)





Additional information

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