

Grilled cod

Recipe by V-ZUG Ltd.



Preparation
Cooking
time
Portions 4

Mediterranean fish out of the oven

Grilled cod

- 600 g cod fillets, skin removed
- 1 small red onion, cut into fine strips
- 1 clove of garlic, crushed
- Olive oil for sweating
- 80 g sun-dried tomatoes preserved in oil, drained, cut into fine strips
- 1 tbsp black olives, chopped
- 1 tbsp capers
- 1 sprig of rosemary, chopped
- 2 sprigs of basil, chopped
- 2 tbsp pine nuts, chopped
- Some salt
- Some pepper

Additional information

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