



Quinoa salad

Recipe by V-ZUG Ltd.



Preparation
Cooking
time
Portions

4

with tahini dressing

Quinoa

150 g white quinoa
200 ml vegetable bouillon
100 ml apple juice
1 tbsp olive oil
1 tsp maple syrup
2 tbsp sultanas
½ tsp ras-el-hanout
1 knife tip of turmeric
1 knife tip of cinnamon
½ chilli pepper, chopped
½ tsp salt

Salad

1 cucumber
1 mango
50 g salted pistachios, blanched and chopped
3 sprigs of dill, chopped
3 sprigs of coriander, chopped
3 sprigs of parsley, chopped
2 sprigs of mint, chopped





Dressing

80 g tahini

75 ml lukewarm water

½ lemon, juice only

1 tbsp olive oil

1 knife tip of cumin powder

1 knife tip of cayenne pepper

½ tsp salt

Additional information

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