



# Eclairs with vanilla cream

מתכון מאת V-ZUG Ltd.



Preparation	50 Mins
Cooking time	25 Mins
מנות	20
התקן	Combair SEP from 2015

## Eclairs

55 ml water  
55 ml milk  
45 g butter  
½ tsp salt  
1 tsp sugar  
65 g plain flour  
2 eggs

Bring the water, milk, butter, salt and sugar to the boil. Shoot in the flour and stir over a moderate heat until the mixture comes away from the sides of the pan. Cook the mixture until it thickens and a white film should form in the bottom of the pan. Transfer the mixture to a mixing bowl. Allow the mixture to cool briefly, then beat in the eggs one at a time. Beat the dough until smooth and elastic. Spoon the dough into a piping bag with a star nozzle.

### **(Pre-)heat cooking space to 200 °C with Top/bottom heat**

Pipe about 20 strips of dough, each about 8 cm long, onto two lined baking trays. Put the baking trays one after the other into the preheated cooking space. Bake.

### **Put the pastry in**

**Top/bottom heat 200 °C for 10 Mins**

## Vanilla cream

250 ml cream  
½ vanilla pod  
2 eggs  
25 g plain flour  
60 g sugar





Scrape the vanilla seeds out of the pod. Put the cream, vanilla pod and vanilla seeds in a pan and bring to the boil. Mix the flour and sugar in a bowl, add the eggs. Stir  $\frac{1}{3}$  of the cream into the egg mixture. Gently stir the egg mixture into the cream. Stir the mixture over a moderate heat until it thickens. Pour the custard into a bowl, cover the surface with cling film and place in the refrigerator to chill.

250 ml cream

Lightly whisk the chilled custard with a balloon whisk to loosen it up. Whip the cream until soft peaks form, then fold it into the custard. Spoon the mixture into a piping bag with a star nozzle.

Cut the eclairs in half lengthways, pipe the vanilla cream into the bottom halves, then put the tops on.

## אביזרים

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2 baking trays

## מידע נוסף

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הופק ביום

11.12.2019

