Crab in a salt crust

מתכון מאת V-ZUG Ltd.



Preparation	20 Mins
Cooking time	20 Mins
מנות	4
התקן	Combair-Steam SL from 2015

Preparation

1 crab, fresh, about 600 g in weight

1 kg coarse salt

1¼ tsp five-spice powder

600 ml water

Rinse the crab under cold running water and pat dry with kitchen paper.

(Pre-)heat cooking space to 200 °C with Hot air + steaming

In a bowl, mix the salt and five-spice powder together and add the water. Place a quarter of the seasoned salt on a tray lined with baking paper and spread flat as big as the crab. Lay the crab, belly-side up, on top of the salt, cover with the rest of the seasoned salt and press down lightly.

Put the baking tray into the preheated cooking space. Cook.

Put the food in

Hot air + steaming 200 °C for 20 Mins

Gently remove the crab from the salt using tongs. Brush off the excess salt, remove the crab's shell and cut the crab into two. Place on a plate and serve.

אביזרים

Baking tray

מידע נוסף

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