



# Dumplings

Recipe by V-ZUG Ltd.



|              |                                |
|--------------|--------------------------------|
| Preparation  | 1 Hrs                          |
| Resting time | 30 Mins                        |
| Cooking time | 20 Mins                        |
| Piece        | 24                             |
| Appliance    | CombairSteamer V2000 from 2021 |

with mushroom filling and ponzu sauce

## Dough

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300 g plain flour

150 ml water

2 g salt

## Filling

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450 g mixed mushrooms (e.g. oyster mushrooms, champignons, shiitake), finely chopped

2 spring onions, cut into fine rings

2 cloves of garlic, crushed

1 chilli pepper, halved, deseeded, chopped

10 g ginger, grated

Peanut oil for sweating

½ bunch of coriander, chopped

1 tbsp roasted sesame oil

3 tbsp soy sauce

## Shaping

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Cornflour for rolling out

Oil for greasing





## Ponzu sauce

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50 g icing sugar  
50 ml lime juice  
50 ml mirin (sweetened sake  
or rice wine)  
100 ml soy sauce

## Serving

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Some sriracha

## Dough

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Combine all the ingredients in a bowl and knead to a firm dough. Shape the dough into a ball, cover and leave to rest in the refrigerator for 30 minutes.

## Filling

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Fry all the ingredients up to and including the ginger in peanut oil in a large pan over a medium heat until golden brown.

Add the coriander and season with the soy sauce and sesame oil to taste. Allow to cool.

## Shaping

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Dust the work surface with cornflour. Roll out the dough about 1 mm thick. Cut 24 rounds of about ø 10 cm out of the dough. Knead any leftover dough together. Repeat the process until all the dough is used up.

Put 1 tsp of the filling in the centre of each round. Brush the edge of the dough with water, then fold the dough over the filling. Pleat one side of the dough and press down firmly on the other side. Place the dumplings on a lightly oiled, perforated stainless steel tray.

Cook the dumplings at 100 °C for 20 minutes using the steam mode.

Remove from the stainless steel tray after cooking.

## Ponzu sauce

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Whisk all the ingredients together in a bowl.

## Serving

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Serve the dumplings with ponzu sauce and sriracha.





## Cooking steps

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**Steaming 100 °C for 20 Mins**

## Tips

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Dumpling dough is available from Asian shops.

## Accessories

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Perforated stainless steel tray

## Additional information

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Created on 26.01.2022

