



Butter chicken

Рецепт від V-ZUG AT



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|-----------|------------------------|
| готування | 30 хв |
| Час | 1 годин |
| готування | |
| Порції | 4 |
| Прилад | Combair SE з 2015 року |

Preparation

- 1 bunch of coriander
- 2 cm ginger
- 3 cloves of garlic
- 1 onion
- 80 g almonds, flaked
- 180 g yogurt, Greek
- ½ tsp chilli, ground
- ½ tsp cloves, ground
- ½ tsp cinnamon, ground
- 1 tsp garam masala, powder
- 1 tsp salt
- 2 tsp paprika powder
- 1 tsp turmeric, ground
- 4 cardamom, whole
- 400 g plum tomatoes, diced
- 5 tbsp ghee, or clarified butter
- 500 g chicken, skinless, boneless thigh fillets

For the marinade, pick all the coriander leaves off the stalks. Peel and dice the ginger, garlic and onion and put into a blender with the other spices and ingredients except for the chicken and purée until smooth and homogeneous. Pour the marinade into the porcelain dish, add the chicken and mix together well. Cover with cling film and allow the chicken to marinate for at least 2 hours or overnight in the refrigerator.

The next day or after 2 hours, put the porcelain dish on to the wire shelf in the cold cooking space. Cook.

Гаряче повітря вологе 160 °C протягом 1 годин

- 4 tbsp double cream

When the chicken is done, add the cream and mix everything together well.





Поради

Serve with rice or naan bread.

Акcesуари

Porcelain dish ½ GN, depth 65 mm

Wire shelf

Додаткова інформація

Складено

11.12.2019

